

## **MOTO: (Members on their Own)**

On 21st November, we will be going to Scotsdales at Horningsea for a look round the garden centre/shop and I'll book a table for lunch at 12.00 for those who wish to have a meal together. Please let me know if you would like lunch so I can book a suitably-sized table.

There will be no event in December as there is so much else on, but I will be organising afternoon tea at Simpsons, Fordham, on Friday, 17th January – just a get-together with tea and cake – so, again, if you're interested please let me know.

*Rosemary Foreman*

---

## **HAVE YOU BOOKED?**

**ANNUAL u3a LUNCH:**

**31 January 2025**

**At the Cherry Tree, Soham**

**12.30 for 1.00pm    £22.00 per  
person**

**Booking forms are on the website or pick up a paper copy at a  
Speaker Meeting**



---

## **WINGS, WHEELS & WATER**

**9 December: TIM**—Columbus's ships, featuring the Santa Maria which sank on Christmas Day

**13 January: DAVID**—The Evolution of Weapons and the mechanisation of Modern Warfare

**10 February: Visiting Guest Speaker Niddy Walpole**— The Influence and the roles of Women in Wartime.

*David Soanes, Tim Young*

**u3a** **NEWMARKET**  
**E-NEWS FOR:**  
**DECEMBER 2024**  
**& JANUARY 2025**



## *From the Chair*

Dear Members,

Although we have got off to a good start after the AGM and membership is currently on a par with this time last year, I would like each of you to give some serious thought to the future of our U3A.

Currently we have eight members of the executive committee, five of whom will not be eligible to stand for election at the next AGM. As we are a registered charity, members of this committee are also Trustees. We have over past years tried to recruit new Trustees on a regular basis (never an easy job), not only to replace those standing down but also to bolster the number on the committee. We ideally need a mix of Trustees with fresh ideas and skills, and those with more experience to give some continuity going forward. Our constitution allows us to have a minimum of five Trustees, too small a number to operate successfully and a maximum of twelve.

When next year's AGM comes around, there will remain only three Trustees eligible for re-election, and in particular we need to fill two crucial roles which will fall vacant, those of Chair and Treasurer. Without them we are unable to operate. Other roles needing to be filled are those of Membership Secretary and Website Manager.

This is why I urge you to seriously consider whether you can offer your help. In return, all the current Committee will do everything they can to support you.

*Continued overleaf*

## *From the Chair (Continued from Page 1)*

If you would like to know more about the role of a Trustee and sit in on a committee meeting or two to get a feel of the discussions and decisions Trustees deal with, please contact myself or our Secretary, Bridget Kerle.

Please don't sit back and leave it to someone else, the future is in your hands. We don't want to be faced with the fact that our U3A may not be around to celebrate its 40th Anniversary in a couple of years' time.

On a happier note, many thanks to all of you who have volunteered to help with the table laying for Christmas lunches at the Day Centre, guaranteed to get you in the Christmas Spirit! Don't forget to take a look at our Christmas tree in the Orangery café too.

Wishing you all a very Happy Christmas and a Healthy 2025.

Best wishes

*Kath Gifkins*

---

## **GARDEN GROUP**

The plant sale in October raised £42 towards speakers for next year. Thank you all for your support over the past year. We hope that you have enjoyed the meetings and visits and are looking forward to what the new year has in store.

There won't be a meeting in December, and in January we will start off the New Year with our customary light-hearted, garden-related quiz accompanied by a few nibbles.

In February the first speaker of 2025 will be Barry Gayton, talking on Bulbs, Corms and Tubers for all seasons.

*A Happy Christmas to you all.*

*Kath Gifkins & Rosemary Foreman*

## **WALKING GROUP**

The walk on 4th December will be in the Mildenhall area, led by Thelma, leaving the public car park behind Sainsburys at 10.30 am. Lunch afterwards will be at The Half Moon.

Please note that the January walk will be on 8th January (not the 1st as the pub won't be doing lunches). We will be meeting at the White Horse, Exning, leaving at 10.30 am for a walk in the Exning/Landwade area. I know this clashes with the Brunch group so, if anyone from that group would like to join us for lunch, please let me know.

*Rosemary Foreman*

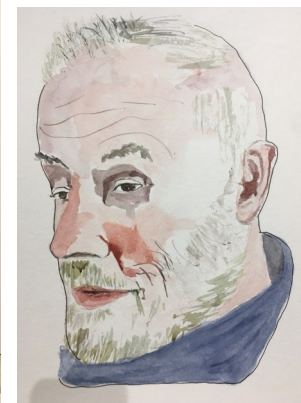
---

## **PORTRAIT GROUP**

### **Models/Sitters needed for the Portrait Group**

The newly formed Portrait Group members, who endeavour to sketch or paint portraits, have met twice now (September and October). The group contains people who have never tried portraits before as well as others who are more experienced. We do, however, need volunteers who would be happy to sit for us. We meet on the afternoon of the 4th Tuesday of each month – so if you are able to support us in this way you would be rewarded with the gratitude of our members and, of course, - refreshments mid- afternoon!

*David Watson*



Portraits by

**David Watson**

entitled

**"Me and my missus."**

## ART APPRECIATION

Following this month's extremely well-attended talk on 'Christmas in Art', our December meeting on 3rd will take the form of the usual pre-Christmas lunch at the Heath Court Hotel, for which I have a record number of bookings.

I am hoping that this enthusiasm for the group will continue into the New Year, when we have talks planned for the first three months, including January (7th) - unusual for us, as our meeting date is early in the month. We kick off with a talk on "Women Artists in Britain: 1550-1950". 'Really?' I hear you cry, "I didn't think there were any!" Well, there certainly were, and they have fascinating stories to tell.

Which reminds me - very importantly - ***our venue changes at the beginning of 2025, and from that January meeting we will be meeting in the Moller Room of the Racing Centre, Newmarket.*** Hope to see you there!

*Anna Smith*



## MUSIC APPRECIATION

**We will not be holding a meeting in December,  
as the date is very close to Christmas.**

**January 17th, Judy will present "Variations on C".**

**A selection of music in the key of C, about the sea or what you see.**

*Richard Unwin*



## HISTORY

**Merry Christmas Everyone**

Friday 6th December- The Group have booked a lunch out together.

**January 3rd 2025 - There is NO meeting**

**February 7th - we start 2025 with a presentation on the owners of Elveden Hall, including the Maharaja Duleep Singh.**

**PLEASE NOTE** From this date we will meet in the Moller Room at the Racing Centre, next to Newmarket Day Centre.

*See you all in the New Year.*



*Niddy Walpole*

## SCRABBLE

Just a quick, but very important message for all our dedicated Scrabble players:

**From 13 January 2025, the Scrabble Group will meet in the Moller Room in the Racing Centre in Fred Archer Way,**

where we will benefit from rather better, brighter lighting.

**Time and frequency remain the same:**

**2.30 pm on the 2nd Monday of each month**

*Janet Neville*



## FAMILY HISTORY

We started in June and are developing into a friendly group, meeting together to talk about researching family histories and then what we do with our research. It's so impressive to see what our members have done by way of investigating family histories and stories, going back through the centuries.

We are also finding out how best to preserve results – looking at the websites and services that are available and trying to answer questions about “what next”.

We've looked at eighteenth century deeds, old photograph collections, handwritten family trees and memorabilia.

Want to know about making a digital will, GEDCOM file formats, or the best way to explore Irish genealogy? How about looking at a prompt list to record your personal journey or creating a fan chart to show your family? We've been there and we're just starting.

Come and join us and contribute to shaping our discussions. Help us and we'll help you and we will have an enjoyable time on the way.

*Bridget Kerle*

## BRIDGE

The Bridge Group will play up till 16th December and the next session will be on 20th January 2025. We play social bridge at the Brampton Manor Care Home on Fordham Road on the first and third Monday afternoons of each month. We pay £1.50 for each session though newcomers get a free 'taster' session. There is tea and coffee and usually biscuits. Parking is free and nearby. For information, please contact Andy Webb on 01638 602596

*Andy Webb*

---

## ANTIQUES

Our regular speaker is David Palmer, a freelance auctioneer and regular guest on programmes such as 'Flog-It' and 'Bargain Hunt', famous for his colourful waistcoats. He regales us with tales of his monthly auctions and markets and brings us artefacts to guess whether they are originals, fakes or reproductions and their prices.



*1st Wednesday of the month at 2.30pm at Exning Road Club*

## NEWMARKET u3a OPEN MORNING: NOVEMBER 2024



**NEWMARKET U3A OPEN MORNING: NOVEMBER 2024**  
**An annual opportunity to survey the range and types  
of activities provided by our u3a**

DECEMBER 2024			
GROUP MEETINGS			
DAY/DATE	TIME	GROUP	VENUE
Monday 2	14:00	Bridge	Brampton Manor Care Hm
	14:30	Camera Group	The Racing Centre
Tuesday 3	-	Art Appreciation	No Meeting
Wednesday 4	10:30	Walking Group	See Website
	14:30	Antiques	Exning Road Club
Friday 6	12:00	History	Christmas Lunch
Monday 9	10:30	Wings Wheels Water	Exning Road Club
	14:30	Scrabble	Exning Road Club
Tuesday 10	10:30	Model Making, Craft	Exning Road Club
	11:15	Coffee & Cook Off	Exning Road Club
	14:30	Discussion	The Racing Centre
Wednesday 11	12:00	Brunch Meeting	No Meeting
Thursday 12	10:30	Carpet Bowls	Exning Road Club
Friday 13	10:30	Family History	Memorial Hall, Newmarket
Monday 16	10:00	Executive Committee	-
	14:00	Bridge	Brampton Manor Care Hm
	14:30	Speaker Mtg	Memorial Hall, Newmarket
Tuesday 17	14:00	Creative Writing	Brampton Manor Care Hm
Thursday 19	10.30	Carpet Bowls	Exning Road Club
Friday 20	-	Music Appreciation	No Meeting
Tuesday 24	-	Portrait Group	No Meeting
	-	Rummikub	No Meeting
Thursday 26	-	Carpet Bowls	No Meeting
Friday 27	-	Realm of Books	No Meeting
-	MOTO - No Meeting		

JANUARY 2025			
GROUP MEETINGS			
DAY/DATE	TIME	GROUP	VENUE
Wednesday 1	-	Antiques	No Meeting
Friday 3	-	History	No Meeting
Monday 6	-	Bridge	No Meeting
	14:30	Camera Group	The Racing Centre
Tuesday 7	14:30	Art Appreciation	The Racing Centre
Wednesday 8	10:30	Walking Group	See Website
	12:00	Brunch Meeting	The Stable Cafe
Thursday 9	10:30	Carpet Bowls	Exning Road Club
Friday 10	10:30	Family History	Memorial Hall, N'market
Monday 13	10:30	Wings Wheels Water	Exning Road Club
	14:30	Scrabble	The Racing Centre
Tuesday 14	10:30	Model Making, Craft	Exning Road Club
	11:15	Coffee & Cook Off	Exning Road Club
	14:30	Discussion	The Racing Centre
Wednesday 15	14:30	Garden Group	Exning Road Club
Friday 17	TBA	MOTO	Simpsons
	14:30	Music Appreciation	The Racing Centre
Monday 20	10:00	Executive Committee	-
	14:00	Bridge	Brampton Manor Care Hm
Tuesday 21	14:00	Creative Writing	Brampton Manor Care Hm
Thursday 23	10:30	Carpet Bowls	Exning Road Club
Friday 24	14:30	Realm of Books	The Racing Centre
Monday 27	14:30	Speaker Meeting	Exning Road Club
Tuesday 28	14:00	Portrait Group	Ashley Pavilion
	14:00	Rummikub	Brampton Manor Care Hm
Friday 31	Annual Lunch, Cherry Tree, Soham		