

MOTO: Members On Their Own

Our afternoon tea on **Friday 17 January** at Simpsons, Fordham, is well supported with 15 members booked at the time of writing.

Our next event is to Anglesey Abbey on **Wednesday, 12 February**, meeting in the reception area at 11.00 am to go on the Winter Walk to look at the snowdrops, aconites and other spring flowers and shrubs, followed by lunch at The White Swan, Quy. Please let me know as soon as possible if you will be coming to lunch as I need to book a table and circulate menus so we can order our food before the day.

On **Thursday 27 March**, we will be visiting Chippenham Park to see the daffodils and spring flowers, meeting in the café area at 12.00, where we have the options to have lunch first then a walk, or walk then lunch, or just simply have a walk! No need to pre-book for lunch.

Rosemary Foreman

BRUNCH

The Brunch Group is in danger of passing into obscurity if members continue to stay away.

We meet on the 2nd Wednesday of the month at 12pm at The Stables café on the High Street, so we hope that a few more members will join us for a meal / snack on 12th February.

We hope that our friendly group will be able to continue to meet and enjoy brunch and company together.

Judy Herridge

WINGS, WHEELS & WATER

10 February: Visiting Guest Speaker Niddy Walpole— The Influence and the roles of Women in Wartime.

10 March: Tim—"Bird", the story of Tracey Curtis Taylor and some other 21 Century Aviatrix who followed in the footsteps of Amy Johnson.

David Soanes, Tim Young

u3a **NEWMARKET**
E-NEWS FOR:
FEBRUARY &
MARCH 2025



From the Chair

Dear Members

A Happy New Year to you all!

Since the last edition of the newsletter, we have said goodbye to David Soanes, our former vice-Chair who has regrettably stood down from the Committee for health reasons. We are grateful that he is continuing to act as Speaker Secretary while his health allows and wish him well for the future. We have been pleased to welcome Geraldine Cornwell who agreed to be co-opted onto the committee in the latter part of the year. We are still keen however to hear from any other members who might consider joining the committee at the AGM in July, when several other committee members will no longer be eligible to stand for election.

Newmarket Day Centre were once again delighted to receive help with Christmas lunch table laying in December and the Christmas trees situated both there and in Newmarket Library were much admired, with requests for a repeat appearance at the end of this year.

As you will see in the 'Dates for your Diary' item the Activities subcommittee have been busy planning a programme of events for this year. For those recent new members to whom this trip may be news, and those who have been 'dithering' there are still places available on the trip to the National Memorial Arboretum. A booking form is on the website or a printed copy available from either me or Di Angus-Smith at Speaker meetings.

Best wishes for a happy and healthy year.

Kath Gifkins

GARDEN GROUP

Rosemary and I have been leading the Group for 11 years now and feel it is time for a change and new ideas. We intend to stow away our wellies at the next AGM and are looking for someone to step up and take over.

Our meetings are planned until October, and we will of course offer any help we can to the new leader(s).

Meanwhile, on February 19th we will welcome Barry Gayton with a talk on Bulbs, Corms and Tubers for all seasons. This will be followed on March 19th by a visit from Jenny Marks, the Cambridgeshire organiser for the National Gardens Scheme, who will tell us something of its history and activities.

Kath Gifkins & Rosemary Foreman

DATES FOR YOUR DIARY:

28 May: Coach Trip: **National Memorial Arboretum** £37pp – *booking now*

3 July: Coach Trip: – *Details to follow*

8 August: Afternoon Tea: The Ellesmere Centre, Stetchworth, *Details to follow*

20 August: Garden Group Coach Trip: *Details to follow.* (Primarily for Garden Group Members then open to other members)

16 September: Open Coffee Morning: 10.30-noon, The Memorial Hall, Newmarket

4 December Coach Trip to the Thursford Christmas Spectacular, *Details to follow.*

ANTIQUES

The Antiques Group is very lucky to have the services of the freelance auctioneer and Television personality David Palmer and his wife Mary. For many years they have given us glimpses into the world of auctioneering, buying, selling, and car boot sales. Their experience in the trade has made our sessions very entertaining.

We are shown objects they have acquired in their journeys around the country. David's expertise as auctioneer and dealer is evident in his description of the objects that he brings. His and Mary's transactions are told in an open and interesting way. Members are encouraged to bring objects for advice and information as to their background and value.

We are never bored and the designated hour rushes past.

The group now meets at the Racing Centre on the 1st Wednesday of the month at 2.30pm

Richard Rigby and David Soanes

ART APPRECIATION

We look forward to a talk from Andy at the Racing Centre Moller Room on Tuesday 4th February. The title is "Art in Cornwall" .

On Tuesday 4th March, Niddy will be introducing us to "Invisible Portraiture" - I look forward to seeing pictures of the invisible!

As we progress into 2025, we will be making some visits to local galleries and museums, as usual - and, also as usual, not yet decided. I do have ideas for the April meeting: watch this space!

Anna Smith

WALKING

It is becoming increasingly difficult to find a pub open on a Wednesday to provide lunch after our walks, so the walk on **5 February** will begin at 10.30 am in the main car park at Ickworth House, near Bury St Edmunds (National Trust property so entry fees will apply). We can then lunch in the main house (no need to pre-book meals).

Walk on 5th March – to be advised. If you are not currently on my Walkers mailing list but would like to be, please let me know.

Rosemary Foreman

REALM OF BOOKS

Our selected book for February is 'Paths of Glory' by Jeffrey Archer and for March 'Casting Off' by P.I. Paris. We continue to meet at 2.30pm on the fourth Friday of the month at the Racing Centre in Newmarket. New members are always welcome whether or not they have read the book.

Sabine Deering & Stephanie Ellington

COFFEE & COOK-OFF

Venue: After some discussion we chose to continue meeting on the second Tuesday of each month at the Exning Road Club, partly because of the convenience of the availability of parking directly opposite the club.

Time: Modellers, and others wanting help with specific handicrafts, come at 10.30 then the rest of members join at 11.15 bringing their baking with them.

Activity: At the meetings we sample everyone's baking and compare the inevitably varied results (although nominally from the same recipe). At the end of each meeting we decide on the recipe for the following month alternating between savoury and sweet goodies. All members are encouraged to suggest recipes so we tend to try out many old favourites and learn of new favourites.

New members are most welcome. The recipe for the next meeting is on the Newmarket u3a website.

Stephanie Ellington

SCRABBLE

Just a quick, but very important message for all our dedicated Scrabble players:

From 13 January 2025, the Scrabble Group will meet in the Moller Room in the Racing Centre in Fred Archer Way, where we will benefit from rather better, brighter lighting.

We still meet at 2.30 pm on the 2nd Monday of each month.

Janet Neville

MUSIC APPRECIATION

February 21st, Richard will present "The Music of Jean Sibelius", including a performance of his second symphony.

March 21st, Mike will present "Three in a bar" - The Waltz and other forms".

All are welcome to join us at the Racing Centre, in the Moller room on the ground floor.

Richard Unwin

HISTORY

Most of the group enjoyed a Christmas lunch at Snailwell's George and Dragon in December.

Friday February 7th - we start 2025 with a presentation on the owners of Elveden Hall, including the Maharaja Duleep Singh.

Friday March 7th my talk will be on the fashion icon and ? spy Coco Chanel

PLEASE NOTE From this date we will meet in the Moller Room at the Racing Centre, next to Newmarket Day Centre. We are going to the Moller room, downstairs and to the left of the entrance of the Racing Centre, Newmarket.

Please contact me by email niddy198@gmail.com if you need to.

Niddy Walpole

BRIDGE

The next session of the Bridge Group will be on 20th January 2025. We play social bridge at the Brampton Manor Care Home on Fordham Road on the first and third Monday afternoons of each month. We pay £1.50 for each session though newcomers get a free 'taster' session. There is tea and coffee and usually biscuits. Parking is free and nearby. For information, please contact Andy Webb on 01638 602596

Andy Webb

FEBRUARY 2025

GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Monday 3	14:00	Bridge	Brampton Manor Care Hm
	14:30	Camera Group	The Racing Centre
Tuesday 4	14:30	Art Appreciation	The Racing Centre
Wednesday 5	10:30	Walking Group	See Website
	14:30	Antiques	The Racing Centre
Friday 7	14:30	History	The Racing Centre
Monday 10	10:30	Wings Wheels Water	Exning Road Club
	14:30	Scrabble	The Racing Centre
Tuesday 11	10:30	Model Making, Craft	Exning Road Club
	11:15	Coffee & Cook Off	Exning Road Club
	14:30	Discussion	The Racing Centre
Wednesday 12	12:00	Brunch Meeting	The Stable Cafe
Thursday 13	10:30	Carpet Bowls	Exning Road Club
Friday 14	10:30	Family History	Memorial Hall, Newmarket
Monday 17	10:00	Executive Committee	-
	14:00	Bridge	Brampton Manor Care Hm
Tuesday 18	14:00	Creative Writing	Brampton Manor Care Hm
Wednesday 19	14:30	Garden Group	Exning Road Club
Friday 21	14:30	Music Appreciation	The Racing Centre
Monday 24	14:30	Speaker Mtg	Exning Road Club
Tuesday 25	14:00	Portrait Group	Ashley Pavilion
	14:00	Rummikub	Brampton Manor Care Hm
Thursday 27	10:30	Carpet Bowls	Exning Road Club
Friday 28	14:30	Realm of Books	The Racing Centre
-	Note: MOTO Group - see Website		

MARCH 2025

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-	Note: MOTO Group - see Website		