

The Story of a Heart

by

Rachel Clarke

"A riveting and inspiring true story of two families linked by one heart"

Quote from Goodreads – <https://www.goodreads.com>

It was an amazing book.

Very emotional

Jen

As ever the responses to the book were mixed. Most of us were very moved by the emotional side of the story but several of us disliked the very journalistic style of the writing which rather detracted from the main subject of the book.

Stephanie

I found the Story of a Heart most interesting. It tells the story of both the heart donor and the recipient. There's an awful lot of medical detail – rather too much. It was quite a difficult read and a lot of tension throughout the book. I'm sure that you had an interesting discussion.

Margaret

An unforgettable story of a heart, two families and a medical history of heart transplant.

Rachel Clarke relates in great details the process leading to a heart transplant and a patient's recovery from it. In this story both the recipients and the donor families' journey is painfully depicted. The reader is taken along the traumatic experiences of the two families: detailed description of accident, ill health, extremely difficult decision making, in the mist of an extraordinary wonderful medical care environment.

In addition to taking us through those agonising moments in life, the author very cleverly unfolds the history of medical discoveries, medical transplants and ultimately heart transplant.

Although what the two families go through is heart wrenching, the beauty of human nature makes it a very beautiful heart-warming story.

Personally, I very much enjoyed the journalistic style as well as the medical details. I felt it fitted the real-life story, preventing it to be a soppy, romanticised account that could have been playing too much on the very sad events.

An uplifting story despite the subject and a brilliant non-fiction novel

Sabine
